



ICT-U CAMEROON, P.O. Box 526 Yaounde, Cameroon

Schools and Programs

DETAILED ICT-U PROGRAMS AND CORRESPONDING CREDIT HOURS

Important note on English as a Second Language (ESL) and International Computer Driving License (ICDL):

English as a Second Language (ESL): The courses detailed in this document are all taught in English. However, students with French or Spanish as their first language will be offered the opportunity to go through a one-semester intensive English as a Second Language (ESL) program to prepare the students for our ICT University courses. This one semester program DOES NOT count towards the student's degree. The details of the ESL program follow the explanation of the ICDL.

International Computer Driving License (ICDL):

The ICDL demonstrates a student's ability to use a computer and its most popular computer applications. Candidates have to pass tests in the following seven modules as the first three (3) credit hour course at ICT-U. The ICDL program is for anyone who wishes to become fully competent in the use of a computer and common applications. Each ICDL module provides a practical program of up-to-date skills and knowledge areas which are validated by a test.

For students to achieve a solid base of skills and knowledge, therefore attaining a minimum level of digital literacy, it is recommended that candidates complete and attain certification in a minimum of four ICDL modules. Students are required to take training on each module prior to taking the test. Each module is tested separately with each test lasting no longer than 45 minutes. For a recommended level of ICT competence to be achieved, a certification of a minimum of seven ICDL modules is appropriate. In order to achieve the ICDL certification, individuals must pass a test for each of the seven modules.

ALL ICT-U students MUST take this course which counts for three (3) credit hours towards their degree. This course will be open to members of the public who just wish to do this as their part of their professional development, without engaging in any of ICT-U's degree programs.



- Module 1 - Concepts of ICT
- Module 2 - Using the Computer and Managing Files
- Module 3 - Word Processing
- Module 4 - Spreadsheets
- Module 5 - Using Databases
- Module 6 - Presentation
- Module 7 - Web Browsing and Communication
- Module 8 - 2D Computer Aided Design
- Module 9 - Image Editing
- Module 10 - Web Editing
- Module 11 - Health Information Systems Usage
- Module 12 - IT Security
- Module 13 - Project Planning

English as a Second Language (ESL) Detailed Program: Organized in five modules

English as a Second Language Module 1

Conversation Skills Are Developed

• Reading and writing are important skills, but we begin the ESL program with emphasis on listening and speaking. The main focus of the program is developing one's ability to use English in everyday personal and workplace situations.

The student will receive a student assignment booklet and CD which are designed to help you learn to speak English. The student needs to follow the directions in the student assignment booklet to understand how and when to use each component of the program.

English as a Second Language Module 2

Literacy in the Workplace

The student will learn the essentials of basic English necessary to survive on the job.

- Completing simple forms and asking for directions
- Identifying places at work
- Following simple instructions for using common machines at work
- Greeting customers, taking their orders and offering assistance
- Understanding good work habits
- Working with money, both at work and at home
- Following safety rules at work
- Reading help wanted ads, and completing a job application

English as a Second Language Module 3



Everyday English

The student will learn the essentials of basic English necessary to survive in any English speaking country

- Introducing and completing an identification form
- Reading maps, following directions and using a payphone
- Calendars, times and dates, store hour signs, and the weather
- The supermarket, reading price tags and expiration dates
- Shopping for clothes, comparison shopping, and writing checks
- Buying or renting a home, asking for simple repairs
- Making doctors' appointments, listening to doctors' instructions
- Reading help wanted ads, completing job applications
- Using public transportation and reading traffic signs

English as a Second Language Module 4

Basic Skills in Reading

The student readings include a variety of sources such as popular literature, classical literature, articles, reviews, and workplace-related materials.

- Fiction - includes many different examples from novels and short stories
- Nonfiction - biographies, autobiographies, essays, magazine articles, reviews
- Poetry and Drama - popular, social, and classical aspects of each are covered
- Prose and Visual Information - brochures and ads, calendars and schedules, forms and documents, manuals and handbooks, drawings and diagrams, charts and graphs

English as a Second Language Module 5

Basic Skills in Writing

Writing is a form of expression and communication. When the student writes well, others can understand what they are saying. The student will learn to use the writing process to their advantage.

- Essay and Creative Writing - the writing process, narrative writing, descriptive writing, expository writing, persuasive writing
- Workplace and Personal Writing - letter writing, job search writing, workplace writing, explanatory writing, report writing
- Grammar Guide - mechanics, usage, sentence structure
- Writing Handbook - models, editing, checklist, proofreading



MAJOR 4: PUBLIC HEALTH (MPH)

MASTER OF SCIENCE IN PUBLIC HEALTH (MPH)

Program Description

The MPH degree is designed to be an interdisciplinary graduate, professional degree in public health. The MPH Program provides opportunities for students to obtain broad knowledge and basic skills in the core areas of public health. Students acquire proficiency in one or more specialized areas through advanced coursework, and gain experience in applying advanced knowledge to the solution of actual health problems in community settings during internship training. The MPH Program offers a program in which students acquire a sound academic background for competent practice in the field of public health. Students are able to obtain the MPH degree in either Health Behavior and Health Promotion or Public Health Policy and Management concentrations.

This program can be completed in two years for full-time students taking classes in the Spring, Summer and Fall semesters, however; students are allowed to go above two years but cannot exceed three years. Students are required to complete at least 36 credit hours selected from a list of core, required, and elective courses offered. Student may also receive credits for research work, if this work is of high scientific quality (i.e. in principle publishable) and is not related to the thesis work of the student. The course load will consist of the following:

- Completion of Coursework
 - ICT Research Seminars (6 hours)
 - Courses in Area of Concentration (24 hours) (Manuscript development)
 - Quantitative Research Methods/Statistics (3 hours)
 - Qualitative Research Methods (3 hours)
- Master's degree comprehensive examination or Scientific (theory-driven) thesis and a public defense
- Submission/Publication of three peer reviewed journal and three conference articles (facilitated through one-to-one mentoring of ICT-U faculty members)



PROGRAM REQUIREMENTS

Public Health Policy and Management Concentration Curriculum

Total Minimum Credit Requirement (45 units)

REQUIRED CORE COURSES (15 units)

- A Basic Principles of Epidemiology (3)
- Public Health Policy and Management (3)
- Environmental and Occupational Health (3)
- Biostatistics in Public Health (3)
- Sociocultural & Behavioral Aspects of Public Health (3)
- Internship Preparation On-line Tutorial (required; non-credit)

REQUIRED PHPM COURSES (18 units)

- Health Services Administration (3)
- Public Health Leadership & Management (3)
- Fundamentals of Health Budgeting and Financial Management (3)
- Public Health and Rural Health Policy Analysis (3)
- Master's Report "Internship" (6)

Students can take up to 12 credits hours of elective courses

Health Behavior and Health Promotion Concentration Curriculum

Total Minimum Credit Requirement (42 units)

Required core courses (15 units)

- Basic Principles of Epidemiology (3)
- Public Health Policy and Management (3)
- Environmental and Occupational Health (3)
- Biostatistics in Public Health (3)
- Sociocultural & Behavioral Aspects of Public Health (3)
- Internship Preparation On-line Tutorial (**required; non-credit**)



REQUIRED HBHP COURSES (21 units);

- Contemporary Health Issues and Research (3)
- Applied Aspects of Program Planning, Implementation, and Evaluation I(3)
- Multicultural Health Beliefs (3)
- Health Education/Behavioral Sciences Leadership Seminar (3)
- Applied Public Health Theory (3)
- Master's Report "Internship" (6)

Students can take a minimum of 6 hours of elective course from other departments; however, this has to be approved by their advisors.